



FOOD



GOOD NEWS

SPRING, 2018



Calling All Customers... Save time online!

It has been a year since we upgraded our website and put all our change requests and special orders online. We've had a lot of you sign up for online accounts, but we encourage ALL of you to do so.

We made passwords easier.

At first, our new system required you to create a password more fitting to Fort

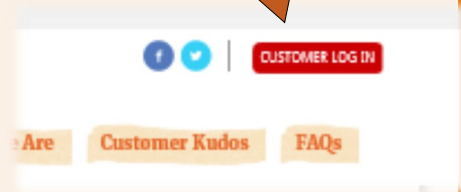
Knox than Good Food. We have relaxed that, so you can create one more easily remembered.

Online ordering is quick.

Once you've signed in, you can go to the "customer" section and make these requests:

- paper supplies
- milk delivery changes
- picnic orders
- meal count changes.

Look for the red log in button at the bottom of each page.



Good Food Company
 2625 Wilson Blvd.
 Arlington, VA 22201
 703-527-2095
 customerservice
 @goodfoodco.com

*Family-owned, and
 cooking up healthy
 meals for schools since
 1979.*

www.goodfoodco.com

/GoodFoodCompany



/GoodFoodCompany



/Good_Food_Company



WE HAVE NEW EMAIL ADDRESSES

For general messages, email Customer Service
(customerservice@goodfoodco.com)

For pressing concerns, email Bruce directly
(bruce@goodfoodco.com)

Did you make the cut?



The good stuff: fresh, juicy fruit is headed your way more and more as the weather warms.

The tough stuff: some of it is shaped funny, and not everyone knows how to cut it.

We get the most calls about pineapple (it's big and prickly) and mango (it's oval and slippery).

Here's how we do it:

[Pineapple](#) [Mango](#)
(click the links for videos)



Other Goodies on the Site

Customers

- Menus & Portion Sizes
 - Lunch Menu
 - Vegetarian Menu
 - Breakfast & Snack Menu
 - Lunch Portion Sizes
 - Breakfast & Snack Portion Sizes
- Allergy Lists
 - Lunch Allergy List
 - Breakfast & Snack Allergy List
- Nutrition Information
 - Lunch Nutrition Information
 - Breakfast & Snack Nutrition Information
- Good Food Newsletters
- Request for Paper Supplies
- Request for Picnic Food
- Request for Change in Count
- Request for Change in Milk Delivery

Feast in the Fields!

The warm yellow sun brings bright yellow buses full of kids out on adventures. If you're brave enough to take hordes of preschoolers on field trips, we're happy to provide the picnic food.

To make it picnic perfect:

- Field trips are best accommodated Tuesday through Friday. We'll bring your sandwiches ready to go the day before your outing.
- If your outing is on a Monday, and you want the meals on Friday, you'll need to refrigerate them. Also, we'll deliver the components of the sandwiches Friday. So please allow yourself time to assemble them Monday morning.
- We require **two business days' notice** before the delivery date.

FIELD TRIPS



ORDER YOUR PICNIC ONLINE

The online customer area is the best way to order your picnic food. Here's the info we need:

1. Date of the picnic (when you will be eating the food)
2. Date you want the food delivered (day before the picnic, or day of the picnic)

A typical picnic lunch includes a turkey and cheese sandwich, apples, and baby carrots.

Ask Parents to Be Social

For working parents, the drive home after pickup is "catch up" talk time. Talking about lunch is an easy way to start (yep - kids love food).

Encourage your kids' parents to follow us on social media, where we often post pics of the day's meals!

Plus, they'll be glad to see you're feeding them Good Food!



Great Way to Start the Day

Breakfast - it's the first fuel to feed the brain for the day. Make sure your little learners are getting a healthy start with breakfast from Good Food.

We'll deliver it with lunch the day before, and it's ready to go in the morning.

Here's just some of our items:

- Oatmeal apple (or peach) crisp
- Bran muffins
- Wheat bagel w/cream cheese
- Cheerios, Chex, or Kix cereal

...and always fresh fruit!

