



FOOD



GOOD NEWS

SPRING, 2017

SEND US A PHOTO

Each month on our new website, we'd love to feature a photo of our most important customers - your center's little learners ...eating their Good Food lunches.

If you'd like to be featured on our "Customer Kudos" section, just send us a fun pic of meal time, and we'll choose a different school each month.

Send photos to:
gfoodc@aol.com

Good Food has a Better Website

We knew it was time for a digital facelift, but it can sure be a daunting task to take on. We're happy to say it's finished—and we are very pleased.

The new website is a much better representation of who we are a family-owned company: colorful, professional, and customer-focused. You'll find more information, and you'll find it easier. And, of course, you'll see photos of our very own good food.

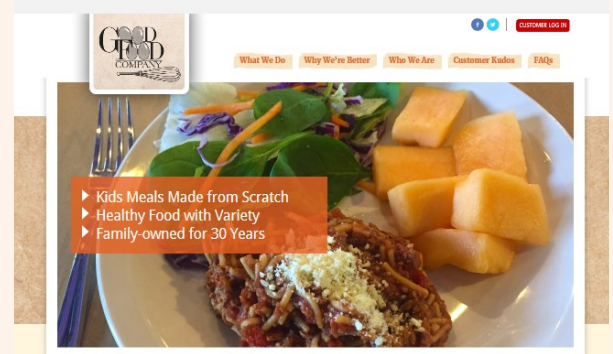
Should we need to send an urgent message, you'll find it on the front page of this website.

Follow us on Facebook and Twitter!



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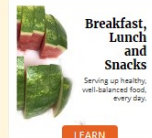
- ▶ Kids Meals Made from Scratch
- ▶ Healthy Food with Variety
- ▶ Family-owned for 30 Years

Why Choose Us

At Good Food, our goal and our passion is right there in our name – Good Food.

We believe in healthy options for children in daycare and preschool. Our family and our employees are dedicated to bringing fresh, made-from-scratch, delicious breakfasts and lunches to thousands of eager little learners in the D.C./Baltimore metro area.

Our family-owned business – now in its third generation – has been cooking up healthy, balanced meals for local daycares and preschools since 1979.



Breakfast, Lunch and Snacks

Serving up healthy, well-balanced food, every day.

LEARN



Sparkling Clean

The Good Food kitchen is always clean and ready to serve.

INFO



Our Toughest Critics

Who we serve is important to us. Our varied meal plans are tasty and get great reviews.

MORE

New "Customer-Only" Section of the Site

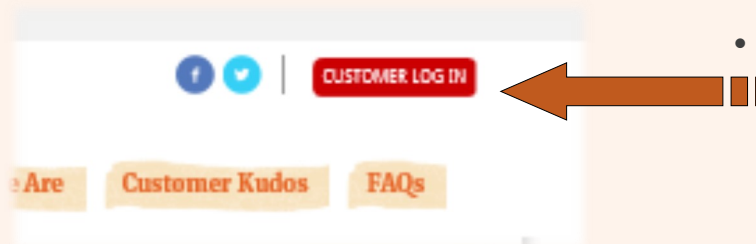
One of the features we're most excited about is the "Customer" section of the new website. And, it's a feature our customers should be excited about, too.

In this password-protected area, our customers can access information most often requested:

- Menus
- Nutritional Information
- Newsletters

Customers can now make special requests online, saving us all time and ensuring we meet your needs more efficiently.

- Paper Supply Requests
- Change in Meal Count
- Orders for Picnic Meals
- Change in Milk Count



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Family-owned, and cooking up healthy meals for schools since 1979.

NEED HELP?

Change can be challenging. If you need help logging in to the new "Customer" section of the website, don't hesitate to give us a call. We'll talk you through it, and you'll be online and on your way before you know it.

REMEMBER: write down your password for safe keeping!



Bring on the Produce

The sun is getting higher in the sky, and the local crops are growing again.

Summer means delicious food, and for Good Food customers, it means fresh, local produce.

In their meals, your little ones will be loving fruits and veggies from farms around our area:

- Cantaloupes
- Blueberries
- Watermelons
- Strawberries
- Spinach
- Sweet Potatoes
- Apples
- Milk (always local!)

Milk, Surveys & More

New Brand of Milk

Soon you'll be seeing a new brand of milk showing up with your meals. It's still RbST free (no hormones), but should last a little longer in the fridge.

Watch for Your Survey

If you've been a Good Food customer for a while, you know what this means. That annual customer survey is headed your way soon.

Your opinions are very important to us—it's how we improve your experience, and our business. So when that link shows up in your inbox, please take five minutes to let us know how we're doing.

Ahead of the Game, and the Government



On October 1st, new government guidelines go into effect from the USDA's Food & Nutrition Service regarding children's meals. These guidelines lay out the optimal portion sizes and nutrition recommendations for children's daily foods, including breakfast, lunch, supper, and snacks.

We're pleased to say that Good Food has met these standards for quite some time...well before the USDA changed their recommendations.

You can read the guidelines here:

https://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf